Hog Call

"Hog Call" is a very loud and fun deinhibitizer or trust activity.

Set Up

- Have the group get partnered up into pairs.
- Give each pair the name of an animal that makes noise or has a "call."
- Put partners across the room from each other facing away from the middle of the room.
- Shuffle the group members around so that their partners don't know exactly from where they will start when the activity begins.

Procedure

- Tell all group members to close their eyes (you may use blindfolds if you like, but they come with their own set of safety concerns).
- Tell the group members that during the activity they may only make the sound of the animal that you have given them. They may not speak in any other way. No words.
- Tell the group that each person must find his/her partner using only the animal noise and without opening his/her eyes.
- Tell them to begin.